

CURRICULUM VITAE

Christopher Michael Norris

D o B 17/7/57
Address Norris Associates,
7 Bosley View,
Congleton,
CW12 3TU.
Telephone Office 01260 290564 / Home 01260 297549
E Mail cmn@norrisassociates.co.uk



Qualifications

1981 Pinderfields College of Physiotherapy. Diploma in Physiotherapy. (MCSP)
1988 Society of Orthopaedic Medicine. Full membership (MSOM)
1988 Diploma in Occupational Health Physiotherapy. CSP validated (DipOH)
1988 University of Liverpool. Master of Science Degree. Exercise Science (MSc)
1992 South Trafford College. Certificate in Business Administration (CBA)
1999 Renshu College. Advanced Certificate in Traditional Chinese Acupuncture (CAc)
2000 Acupuncture Assocⁿ of Chartered Physio. Advanced member & approved tutor (Adv AACP)
2002 Membership British Acupuncture Council (MBAcC)
2006 Staffordshire University. Postgraduate certificate in Medical Education (PGCMedEd)
2009 Staffordshire University. Doctor of Philosophy (*thesis – spinal rehabilitation*). (PhD)

Career history

- Senior Physiotherapist in various NHS hospitals and Rehabilitation centres
- Physiotherapy Consultant to several blue chip industries North West
- Clinic Director, Norris Associates, Chartered Physiotherapists, established 1986.
- Postgraduate lecturer, Back stability & muscle imbalance. AACP basic and intermediate courses

Publications

- Eight books with Elsevier, A&C Black, and Human Kinetics
- 120 popular articles in sports and exercise magazines
- Papers in Physiotherapy J, Brit J of Sports Med. Sport Ex and Injury. Physical Therapy in Sport. J of Bodywork and Movement Therapies. Comp therapies in clin prac
- 3 CD ROMs with Physiotools, and Human Kinetics.

Lecturing

- External lecturer to Salford, Manchester Metropolitan and Edge Hill universities.
- External examiner MSc Sport Rehabilitation, University of Salford
- Postgraduate lecturer BASM
- Postgrad lecturer presenting 3 day course on Back Stability & Muscle Imbalance in UK, Europe & USA, 4 day basic AACP acupuncture course and 2 day intermediate AACP course

Interests and achievements

- Black belt in Ju Jitsu with the World Ju Jitsu Federation (WJFF)
- Club coach with the WJFF and the British Athletics Federation.

1. A skilled musculoskeletal *physiotherapist* with advanced knowledge of exercise, manual therapy and acupuncture.
2. An efficient *communicator* and dynamic *lecturer* capable of presenting to a wide audience range.
3. A popular *writer* experienced in presenting complex medical principles in understandable language.
4. A peer reviewed *researcher* investigating fundamental beliefs of musculoskeletal physiotherapy and exercise science.
5. An effective *manager* and *entrepreneur* with a successful small business track record.